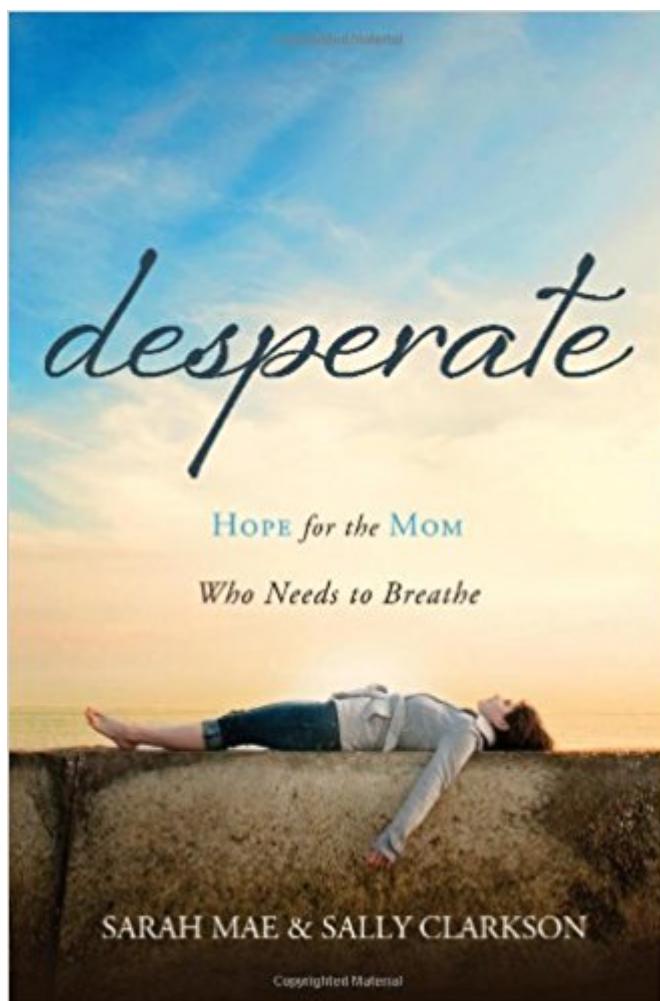


The book was found

# Desperate: Hope For The Mom Who Needs To Breathe



## **Synopsis**

Desperate® is for those who love their children to the depths of their souls but who have also curled up under their covers, fighting back tears, and begging God for help. It's for those who have ever wondered® what happened to all their ideals for what having children would be like. For those who have ever felt like all the "experts" have® clearly® never had a child like theirs. For those who have prayed for a mentor. For those who ever felt lost and alone in motherhood. In® Desperate® you will find® the story of one young mother's honest account of the desperate feelings experienced in motherhood and one experienced mentor's realistic and gentle exhortations that were forged in the trenches of raising her own four children. Whether you are a first time mom, or an experienced mom, Desperate will inspire you to be a part of the ultimate goal of the book, to be a part of the no-more-desperate-moms movement.® Included in the Book: QR codes and links at the end of each chapter that lead to videos with Sarah Mae and Sally talking about the chapter; Practical steps to take during the desperate times; Bible study and journal® exercises® in each chapter that will lead you to identify ways in which you can grow as a mom; Mentoring advice for real-life situations; Q & A section with Sally where she answers readers' questions; More info at DesperateMom.com

## **Book Information**

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## **Customer Reviews**

I hold these pages, words of Sarah Mae's and® Sally's, that are a gift to every mother, that welcome mothers everywhere out of hiding and® loneliness and into a fellowship of sisters and mentors, that will make you feel not alone,® that will make you feel that there is real God-given hope.-Ann

Voskamp, New York Times best-selling author ofÂ One Thousand Gifts You need this book!Â I'm buying it for all my friends who are in the mom stage of life.-Linda Dillow,Â Author ofÂ Calm My Anxious HeartÂ andÂ What's it Like to be Married to Me?This book seepsÂ wisdom and truth...I can't recommend this bookÂ enough! Read it alone or read it with friends...but read it!-Tricia Goyer, best-selling author of 34 books, including Blue Like Play Dough: The Shape of Motherhood in the Grip ofÂ GodPowerful, captivating and gut-wrenchingly honest; if this superb book could get into the hands of every mom, our worldwould drastically change, for the good! It's a new classic for a new generation.-Kristen Habermehl, author & speaker, founder of Mom NightsSarah Mae represents so many women who long to be good mamas to their little ones, and Sally embodies the mentor so many of us wish we had. They have given us a gift with the words on these pages--a peek into their conversations about what it means to persevere through the tiring days of parenting small children, and a glimpse at what it's like on the other side.Â -Tsh Oxenreider, author and blogger behindÂ SimpleMom.net

Sarah Mae ([sarahmae.com](http://sarahmae.com)), listed as one of the Christian Broadcasting Network's "Six Women Leaders to Follow on Twitter," is an influential blogger, conference host, and author of the best-selling ebook 31 Days to Clean: Having a Martha House the Mary Way. She makes her home in the beautiful Amish country of Pennsylvania where she celebrates life with her husband and three children. Sally ClarksonÂ is the author of several books, includingÂ The Ministry of Motherhood,Â Seasons of a Mother's Heart, andÂ Dancing with My Father. She and her husband, Clay, are the cofounders of Whole Heart Ministries, which encourages and equips Christian parents. The Clarksons live in the shadow of the Rocky Mountains in Colorado Springs, CO.

I really don't know how this is getting such a high rating. I'm not one to leave a super detailed book review so I don't have specific sentences to pick apart. Nothing too "bad" about it...but I'm trying (struggling?) to get through this book. I ended up not finishing it. t just seemed to go on and on. There are a few nuggets occasionally but the book is meandering. Each chapter I think, what was the point of the chapter again? It seems to use a lot of words and dialog and stories and examples but I keep looking for the "Oomph" or the concise point or truly practical help or real exhortation. I feel it could've been condensed down. It's a lot of storytelling and opinion. Hard to explain I guess but I just hoped for more out of this book. Some other reviewers shared similar observations so I don't feel the need to go too detailed. As a side note I recommend pretty much anything by Elyse Fitzpatrick.

Written by young mother Sarah Mae, together with vintage mom Sally Clarkson, this book is a drop of cool water to the desperately tired young mother who's thirsty for refreshment of soul. Clarkson is like the godly older woman of Titus 2 who lovingly shares her life to mentor younger women in the joys and challenges of loving our children well. Clarkson specializes in helping us go beyond the actual chore of child-training to have the goal of using our unique personality and gifting to create a home full of love and laughter that encourages children to be their best. The authors share personal examples that help us relate lofty ambitions to real life all the while encouraging mothers to depend on the grace of the Lord Jesus for strength, looking to the Bible for wisdom and truth. This book encourages the young mother as well as the seasoned one to form friendships that mentor and bless.

I usually order and try and soak up most Christian Mom books. This one takes the cake. It was as if the authors were speaking directly to me. I have three young kids and feel stuck in the mundane and dreariness of life right now. This book helped inspire and outline practical things that I can do today to help me endure. Many books try and give you a bunch of things to do, but this one gave me the tools to endure and persevere and even thrive (well I hope for the long term). This book also hits on some points that many other books fail to address, and one of them is that other books assume that you desire to play on the floor for hours with your kids. I am stuck in the cycle of being tired of playing with them and not finding joy in playing cars or barbies for hours on end. Many books assume that you want to organize your life so you can sit on the floor with the kids more, this book helps you to figure out how you can enjoy your kids and balance it all. Also many books point out depression and usually just say talk to your doctor. This is the first book that I found that talked about depression as a part of motherhood and one of the parts of the hills and valleys of life. I never felt the need to go to the doctor, but so glad that it is normal that I have cycles of being in a depressive "funk" and that it is okay. I will be able to endure and survive it to encounter the hill at the end of the valley I am in. Very uplifting and inspirational. I highly recommend.

I have read all Sally Clarkson's books, and as a motherless woman used her wisdom to teach me how to be a God fearing mother myself - even with children aged 5 to 22 at the time I first heard of her. I held back from purchasing this book, though, as my youngest was now 18...but I am so glad I eventually hit that 'purchase' button. I gleaned a lot of perspective on being a mother to adults, and also on being an older woman teaching the younger women. I was reminded of those early years of

mothering and the struggles I had...and my heart was ignited to allow myself to be used in the future to help new mothers in their own struggles, especially my daughters who are now mothers themselves. It's a book for the woman of any age who is a mother...because at 55 my mothering is more intense than it ever was.

I've been reading through this amazing book! Holy smokes has it been hitting me in the gut and challenging my heart. I feel like I'm the last person to read it since everyone I've talked to lately has already read it. To which I reply, "Whyyyy then, did you not tell me about such an amazing book?!" Ever read books that just meet you right where you are? Love when that happens! I really can't say enough good about this book!

This is an excellent book! Much needed read for Moms! The perspectives it gives really hit home in many ways! Absolutely a must read! I love it! Also gives you an opportunity to reflect and bringing you closer to God through this reading.

I give the authors of this book 5 stars! Wonderfully written and very engaging. But it has 1 star because I never received this book. I would like to get it because I need another copy, the one I had before was destroyed!

I can't even begin to describe the encouragement and tears this book has brought me. After several really challenging years in a hard season of life, a friend recommended this a few weeks ago. For my heart that has been hurting and trying to sustain a life at home with two small toddlers, this book met me in just special ways. I'm once again gaining courage to step out in who God has created me as a woman and mom, embrace my passions & gifts a little more, and walk in that God made me the mom of my two kids because we're a perfect fit. I'm not perfect, and they aren't, but we can learn together and I don't have to fit a certain mold or follow a specific formula as the only way to parent. Anyway, just loving this book and will be recommending to a lot of other moms who "need to breath". An added feature I didn't know about until I got it was that at the end of each chapter you can use your smartphone to read a little barcode to watch a YouTube video (Or type in the link) of the authors sharing personally something about the chapter. Really neat to get to "sit down" with them and hear their hearts!

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